

Influenza Prevention in Adults 65+

Aging is associated with an increase in the risk and severity of influenza.

Influenza and influenza-related complications can be severe, life-changing, or life-threatening for adults 65+.



About 50% of adults 65+ have two or more chronic health conditions like diabetes, heart disease, or lung disease, which increase the risk of influenza infection and complications.

Hospitalization because of influenza may lead to loss in health and ability to be independent.

Immunization prevents 40% of hospitalizations due to influenza in adults 65+.



The immune system weakens with age, but specifically-designed vaccines help create a stronger immune response.

Annual immunization is an effective and safe way for adults 65+ to lower their influenza risk.

Talk to your doctor, nurse, pharmacist, or local public health office about getting immunized against influenza.



References:

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